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Email and Texting Consent

HIPPA regulations and my professional Code of Ethics both require that I keep your Protected Health Information private and secure, and indeed I want to do so. Email and texting are very convenient way to handle administrative issues like scheduling or receipt requests, but email and text are not 100% secure. Some of the potential risks you might encounter if we email include:

- Misdelivery of email to an incorrectly typed addressed
- Email accounts can be “hacked” giving a third party access to email content and addresses.
- Email providers (ie, Gmail, Comcast, Yahoo) keep a copy of each email on their servers, where it might be accessible to employees, ect.

Some of the potential risk you might encounter if we text include:

- Misdelivery of the text to an incorrectly typed phone number.
- Cell phones can be lost or stolen giving a third party access to content.
- Cell phone providers (AT&T, Sprint, T-Mobile, ect) have access to cell phone records, where it might be accessible to employees, ect.

For these reasons, I will not use email or text to discuss clinical issues (ie the important things we discuss in sessions).

If *you* are comfortable doing so, I am happy to use email and text to handle small administrative matters like scheduling and billing.

If *you are not* comfortable with these risk, we can handle administrative issues via phone calls.

Please indicate your preference with email and texting below and sign.

I DO DO NOT consent to use of email for administrative matters.

I DO DO NOT consent to use of text for administrative matters.

Signature and Date

If given, consent will expire in two years from date signed.